



# THE INDIGOO CODDIE

## WORKBOOK

- 🌐 [HTTPS://RICHARDLIONHEART.NET](https://richardlionheart.net)
- 🌐 [HTTPS://MIDNIGHT-TRAIN.CO](https://midnight-train.co)
- 🌐 [HTTPS://REDPILLWARRIOR.CO](https://redpillwarrior.co)



RICHARD LIONHEART  
THE MULTIDIMENSIONAL ENTREPRENEUR™



# TABLE OF CONTENTS

**HOW TO USE THE WORKBOOK ..... 4**

**DOOR ..... 6**

Chapter 1 ..... 6  
Chapter 2 ..... 8  
Chapter 3 ..... 11  
Chapter 4 ..... 14

**DOOR 2 ..... 18**

Chapter 5 ..... 16  
Chapter 7 ..... 32  
Chapter 8 ..... 38

**DOOR 3 ..... 40**

Chapter 13 ..... 40

**DOOR 4 ..... 44**

Chapter 16 ..... 44  
Chapter 18 ..... 47

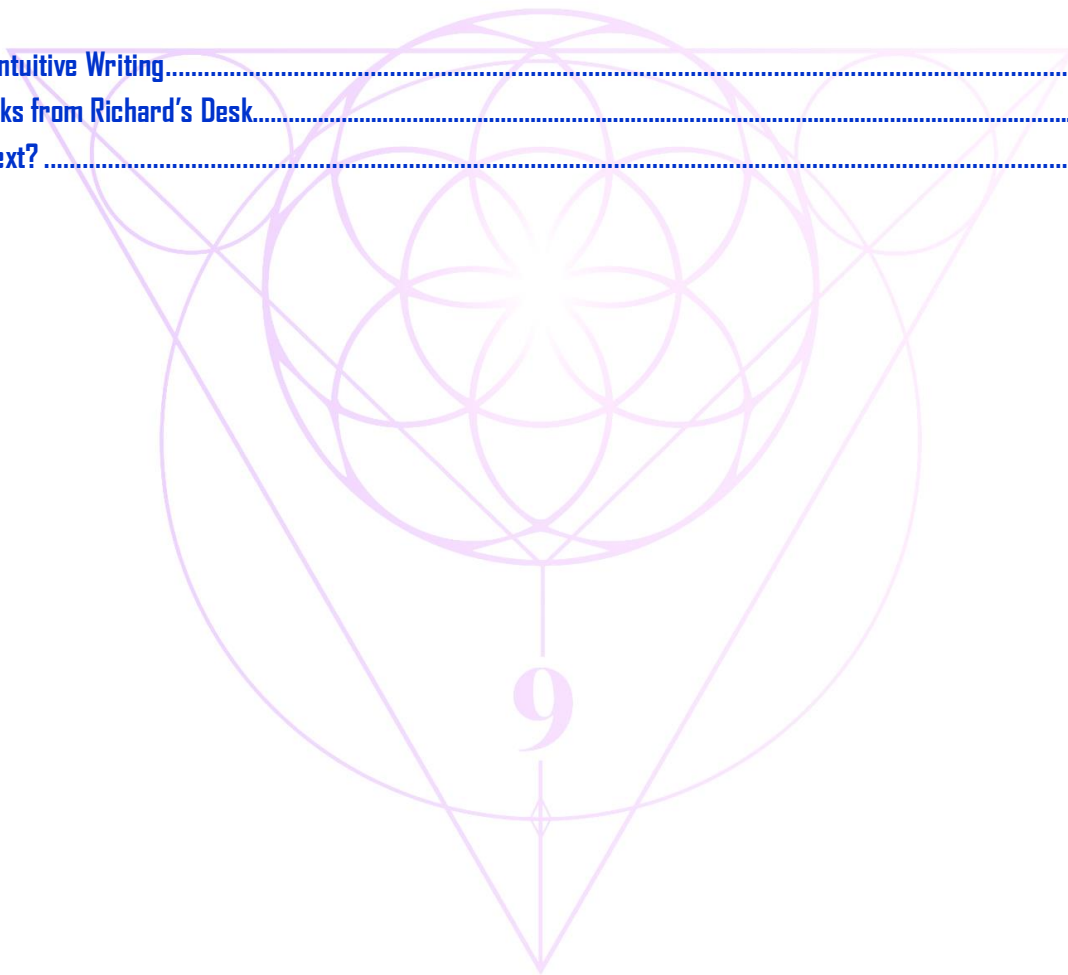
**DOOR 5 ..... 49**

Chapter 23 ..... 49

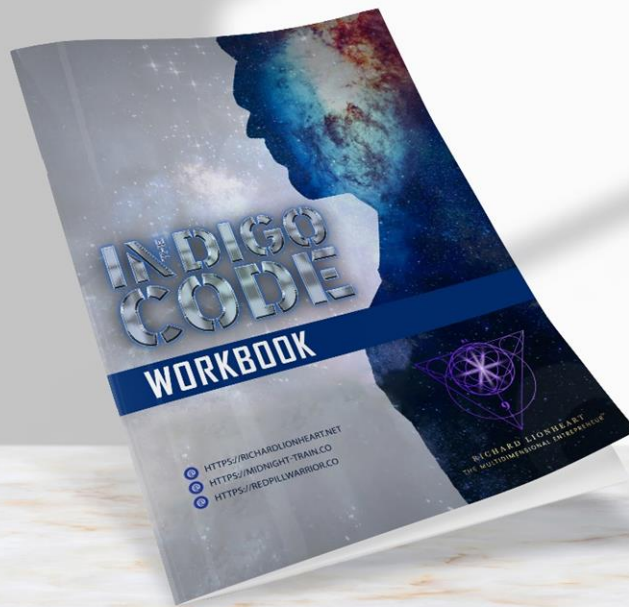
<b>DOOR 6.....</b>	<b>51</b>
Chapter 24.....	51
Chapter 25.....	53
Chapter 26.....	55

RL

<b>Bonus - Intuitive Writing.....</b>	<b>59</b>
<b>More Books from Richard's Desk.....</b>	<b>62</b>
<b>What's Next?.....</b>	<b>64</b>



RICHARD LIONHEART  
 THE MULTIMEDIA ENTREPRENEUR™



## Call to Action

This chapter requires action from your reader in your workbook!



This book is accompanied by a workbook, go into our website, register your book code, download and print it.

Go into the chapter when action is called and write down your answers. As a tip, I highly recommend that you write your answer in the intimate way of pen & paper as it would be best to activate your brain.

Once you are done, you can share your answers with our community at our blog, closed group and I will share selected answers in my Podcast.

Richard Lionheart

### Resources

- Companion worksheets, Guides, personal notes, blueprints, practices, plans & more information can be found at <https://richardlionheart.net/indigocode>, or by scanning the code below using your smartphone.
- Link to our closed group (Indigo Accession) for support & get the BS "what to do" practices



## HOW TO USE THIS WORKBOOK?

"The Indigo Code" book is divided into Doors, each door contains chapters, with some have Practices for you to do. Once, referred by this page, at the end of each chapter

Open the workbook at the correspondent's chapter (In the book, I'm referring to the chapter & the exact page number), and write your answers with sincerity.

RICHARD LIONHEART  
THE MULTIDIMENSIONAL ENTREPRENEUR™

## SO, IF YOU HAVEN'T DONE IT YET, MAKE SURE TO:

1. Enter the link to the book bonuses
2. Register with your email
3. Get access to the premium content
4. Download the workbook
5. Print it, and have a new pen ready
6. Use it along as you read the book
7. Tip! I advise you to do 30 breathing sessions before submitting your answers.

Sincerely,



 *Richard Lionheart*

RICHARD LIONHEART  
THE MULTIMEDIA ENTREPRENEUR™

# DOOR 1 – CHAPTER 1

*In this chapter we talked about the journey of the soul until incarnate into the physical body, with the challenges of the illusion of separateness from the source. We talked about the elements, the current systems that almost everyone has to go through, most of which aren't in vibrational match to your infinite source that you are.*

The soul is going through cycles of 7, each has its elements, that are influencing your life experience here on Gaia. We focused on 3 cycles of 7, from 0-21 years, what you are going through. After the age of 21, you are being presented 2 scenarios in which you can walk (there are infinite possibilities, but we picked 2 for the ease of delivering the point).

Before dealing with your current issues, it's important to do "Zoom-Out" and see the larger picture. Often than not, you'll find the source of the obstacle right there.

In the upcoming week, get yourself ready with a notebook (paper) and try to make a list of things you dislike about yourself, one column.

On the next column, try to pinpoint the source of that flawed premises – Is it from your best friend? Your father? From TV or social media?

The purpose of this exercise is to get you aware of some basic reprogrammed habits you've adopted from the first 7 years into adulthood.

## FOCUS ON ONE ASPECT OF YOUR LIFE

### 1. Relationship with money & rich people:

What phrases did you heard from your surrounding? Write 10 of them.

### 2. Self-worth, capabilities, skills:

What kind of vibration you felt from your close and wider circles of influences? Can you describe them in words or feelings, maybe pictures or dreams?



**3. Telling other's your plans & visions:**

What kind of reactions you get from the people around you? Describe 5 of them you have the most interactions with?

**4. Your social circle and you:**

Do you have a list of people, in your social circle, that aren't aligned with your evolving new self? Write their names and from now on, stop sharing with them any of your dreams, plans & visions. If they insist, you can reply in one of the 2 ways: 1) "None of your fucking business!" Or 2). "I keep my plans to myself, Thank"

**WRITE YOUR ANSWERS HERE**

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# DOOR 1 – CHAPTER 2



“

*In this chapter we addressed the concept of vibrational alignment and how it affected your life from birth onto adulthood. Then, we talked about Inspired action, forced action & no action approaches.*

There's a formula, or you might say – A process of which it's easy to understand how to manifest your vision into the physical realm. The steps are: 1) Experiencing contrast; 2) Source becomes the vibrational equivalent; 3) The art of allowing; 4) Maintaining Vibrational Alignment; 5) Appreciate the contrast.

This chapter designed to give you a glimpse of the approach that 90% of your work is done on the realm of consciousness rather than the physical 3D. The action taken is called "Inspired Action" and it's clean of any resistance or difficulties.

Now it's time to refer to your practice of this chapter, in which you need to start a new habit, of focusing on your strengths while letting go of "working/fixing my weaknesses" state of mind as it sends a signal to your subconscious mind that something isn't right, and You should fix it. How to keep improving without negative self-talk? See page 8.

**Find your top 20 strengths** *And It's not going to be easy*

Now I want you to start a new daily habit and its  
Focusing on your best characteristics, of which you are good at them.

*Why I stated that it's not going to be easy?*



Because of the human nature to focus on the absence of things rather than what is. Humans tend to live from the outside to influence the internal part within them. Even though they do talk the liberty to say what they are good at, often than not, their words are hidden with words of contradiction and resistance.

I want you to take again 30 deep breaths and after that start writing 20 of your top strengths in the lines below, and I have taken the liberty to state 20 of my own, out of 69 strengths I have written about myself. Don't you worry, just start & it will flow like a river?

RL

### Richard's Top 20 Strengths

1. I have high analytic ability
2. I have IQ of 160 recorded and documented
3. I have the ability to Zoom-out, see the bigger picture & dive into details in a heartbeat.
4. I am a channeler for over 20 years
5. I have high skills of writing, my 2<sup>nd</sup> nature
6. My imagination is highly evolved
7. I'm a great profiler (I read people in seconds)
8. I'm natural in consulting and mentoring
9. I am a reader of 20-40 books a year
10. I am a fast learner with an afterburner!
11. I can see things in plain sight, while for some it may be hidden.
12. I'm very passionate on what I do
13. For what I love, I'm laser focused – It's done!
14. I'm making new friends very fast, no matter when I'm in the world. People love me!
15. I'm a natural healer with my hands & mind
16. I'm creative, original and off-mainstream
17. In every meeting, I create value! Period.
18. I'm a star-seed, Indigo & I'm proud of that
19. I can separate intellect & emotions in need
20. I have visions on demand, lucid dreaming at will.

Now, what are yours?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_
21. Ok, one more \_\_\_\_\_!

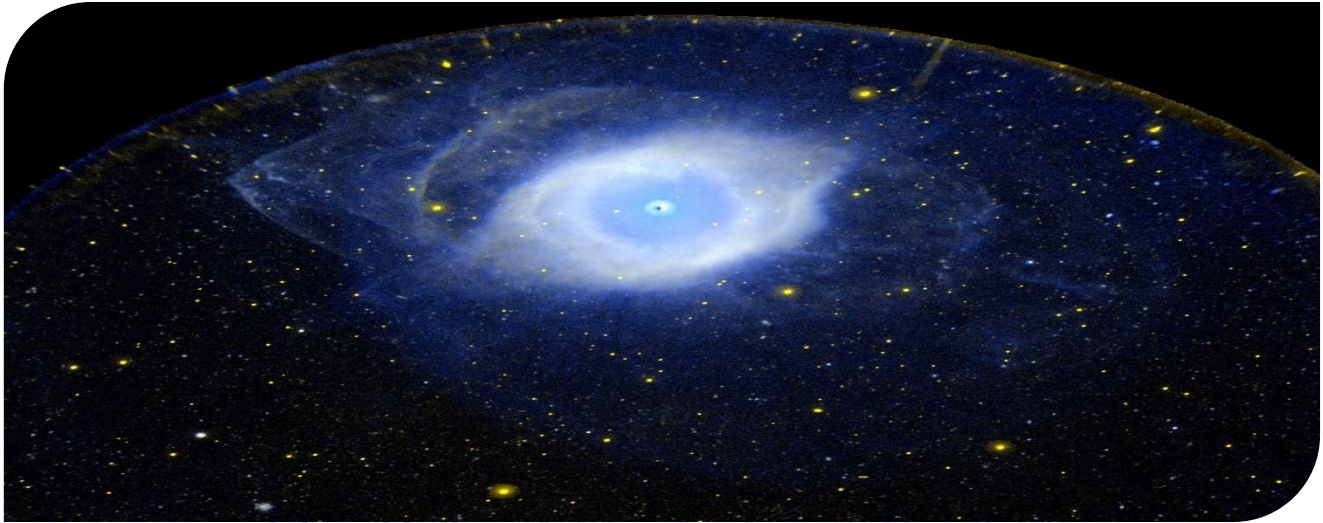
RL

From the moment you've completed the list, and for the next 20 days, add one more line to your list. That will create new neurons in your brain and start to perform a new habit. Every time you are in Upstream mode - Start to read your list, slowly this time and attach one positive experience that you had with this "Strength" - Now you anchor the emotional part of you to the mind, so you get to live it again in the present moment

9

RICHARD LIONHEART  
THE MULTIMEDIA ENTREPRENEUR™

# DOOR 1 – CHAPTER 3



Resistance is by (my own) definition:

*“a state of imbalance in the process of creating and the Natural flow of energy! It occurs when a man is creating a vibrational discord in the energy Field, which in turns – preventing him to create a desired manifestation.”*

We discussed the essence of resistance on multiple layers, and how they are influencing our lives on Career, Money, Relationship, Health & seeking enlightenment. Terms of sailing Downstream in the river (no resistance) vs Upstream sailing (Upstream).

We stated 3 scenarios from daily life situations for better understanding of what is resistance and how we have been programmed in a certain way of perception, that in most cases aren't in vibrational alignment with the law of one. Someone said trouble?

Let us not forget the impact of it on relationships with our beloved ones; Energy suckers “Black Roses” in physical and non-physical realms.

After reading the chapter, time to be honest with yourself like you been never that honest with anyone before. I bet that in your life, there are 5-10 resistances that are like a tourist in Thailand – He keeps coming back over and over again.

They can come in Words you are using in your internal / external talk, such as: “I **think** it's time to launch a **war** against my **negative thinking**, from **tomorrow!**”

“Ok, Rich, what's wrong with that?” you might ask,

“Almost everything” I will reply, “Let us scatter the dusk around here, shall we?”

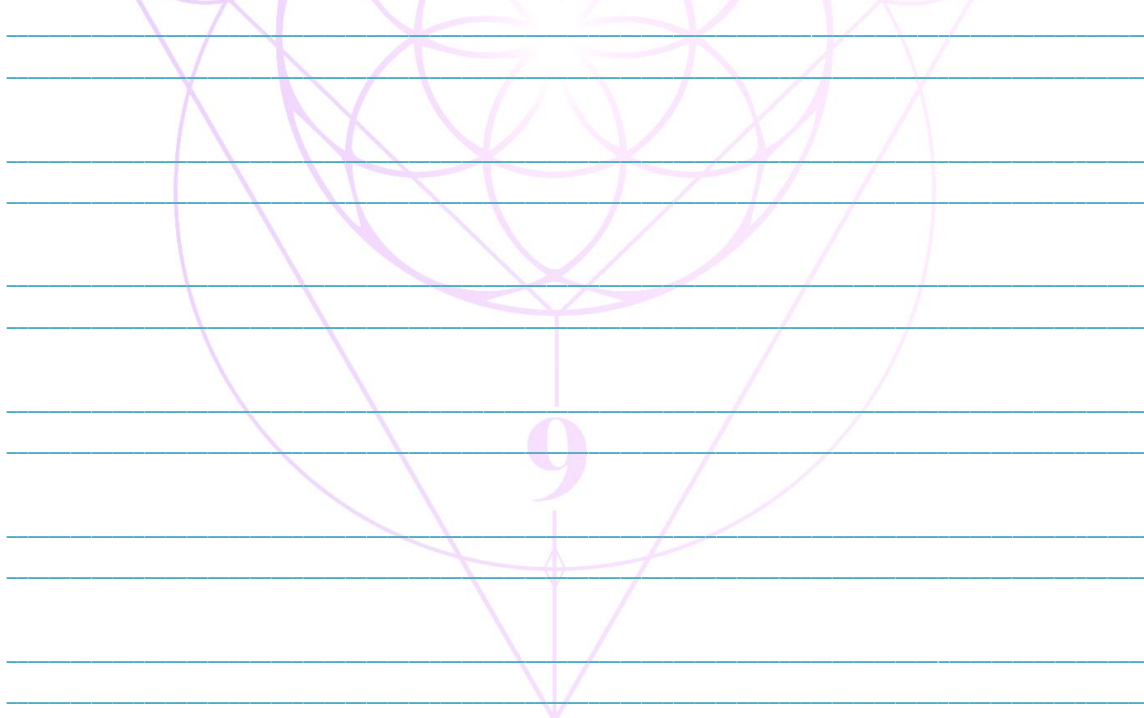


1. **Think** = You're not certain, you rely on the AIR element.
2. **War** = Very negative word & frequency with great resistance. Whatever you tend to focus on = tend to grow. ¿Entiendes?
3. **Negative thinking**= You honor, I rest my case & it's not even mine
4. **Tomorrow**= Past and Future are mere illusions, the only time that really exist is now

It can also come in feelings, pictures that trigger an emotion rooted in the past, or maybe people you hang out with. Let us not forget watching the MSM channels that feeds you with emotional imbalance left and right. Right?

### Find your top 20 strengths

Write here your top 10 resistances that keep coming back into your life for too damn long time (oops! Resistance words right there)? Are they being words? Phrases? People? Pictures? Experiences?



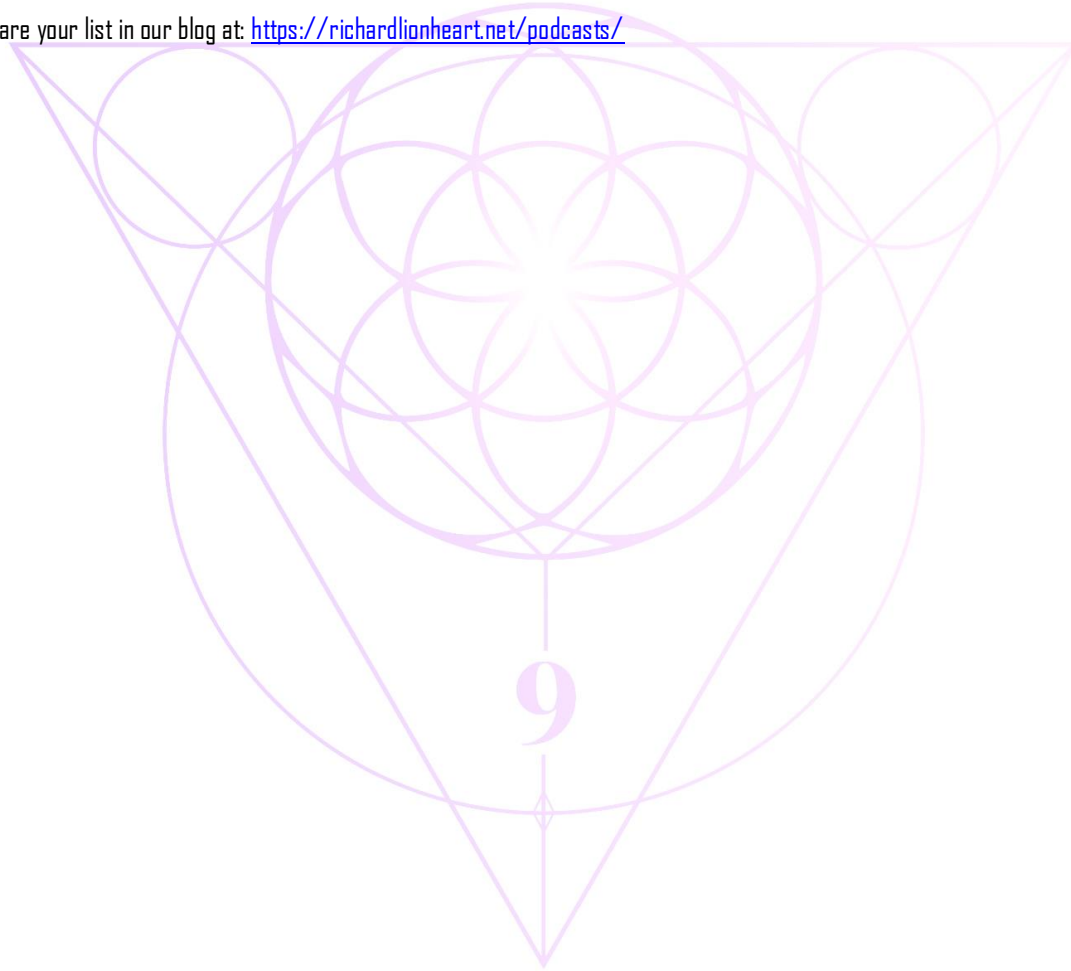
1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_

RICHARD LIONHEART ENTERPRISES  
THE MULTIMEDIA HEART ENTREPRENEUR™

Thank you for sharing and being honest with yourself, it's important to be aware of it by observing it like a bystander. Once you acknowledge it, you can release it from you and train yourself of being present in the NOW moment, when no false time can survive nor resistance of thinking of any kind.

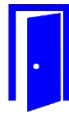
RL

You can share your list in our blog at: <https://richardlionheart.net/podcasts/>



RICHARD LIONHEART  
THE MULTIMEDIA ENTREPRENEUR™

# Door 1 – Chapter 4



“Neuroscience has made great progress, alongside Quantum mechanics & String theory as they can now prove the laws of the universe and its infinite possibilities. Even a hardcore left-brainer cannot stand aside and ask “Show me the smoking guns!” (Richard Lionheart, 2021)

Neuroscience, brain waves, Epigenetics, Quantum, String theory and great deal of scientific researches are now confirming what the ancient knew all along. This chapter is short as this subject is vast and deserve it own book. Great people like Joe Dispenza, Bruce Lipton, John Assaraf, Don Tolman, WIM Hof and many more contributed to delivering approachable science to humanity.

This part is important, as Knowledge and Information are vital for reprogramming your conscious brain. To remind you, after you've passed your youth, you need repetition to create a new habit in the form of 2<sup>nd</sup> nature.

I use this approach, as even when I “fall” into logic – it's already programmed with enough knowledge to support my journey. One of the ways is reading many books, at least 2 per month, and here comes your part of the deal.

## Feeding your scientific brain

Make a list of 12 books you are going to read in the next year, minimum of 1 book per month, to bring you closer to the realm of “Leaders are Readers!”

The books need to be in the area that will drive you closer to your vision, expand your knowledge, awareness, skills, bring you to be the person you want to be – beyond “Fake it until you'll make it”. For your convenience, here are my 12 books & niches I used recently.





# DOOR 2 – CHAPTER 5



“

*Doubts kill more dreams than failure ever will*

You can download the complete IEDS™ kit in this link <here>, print it out & fill up or write your answers in the Indigo Code book.

Or, you can fill in your answers in the pages below. You are welcome to choose.

## **The Indigo Entrepreneur Diagnostic System**

On the following pages, you will have the chance to check if you are one of us. Fill it with complete honesty, as it will reveal more about yourself. We use this kit to filter the ones who will not progress with us to the Indigo Circle.

RICHARD LIONHEART ENTERPRISES  
THE MULTITALENTED HEART  
ENTREPRENEUR™



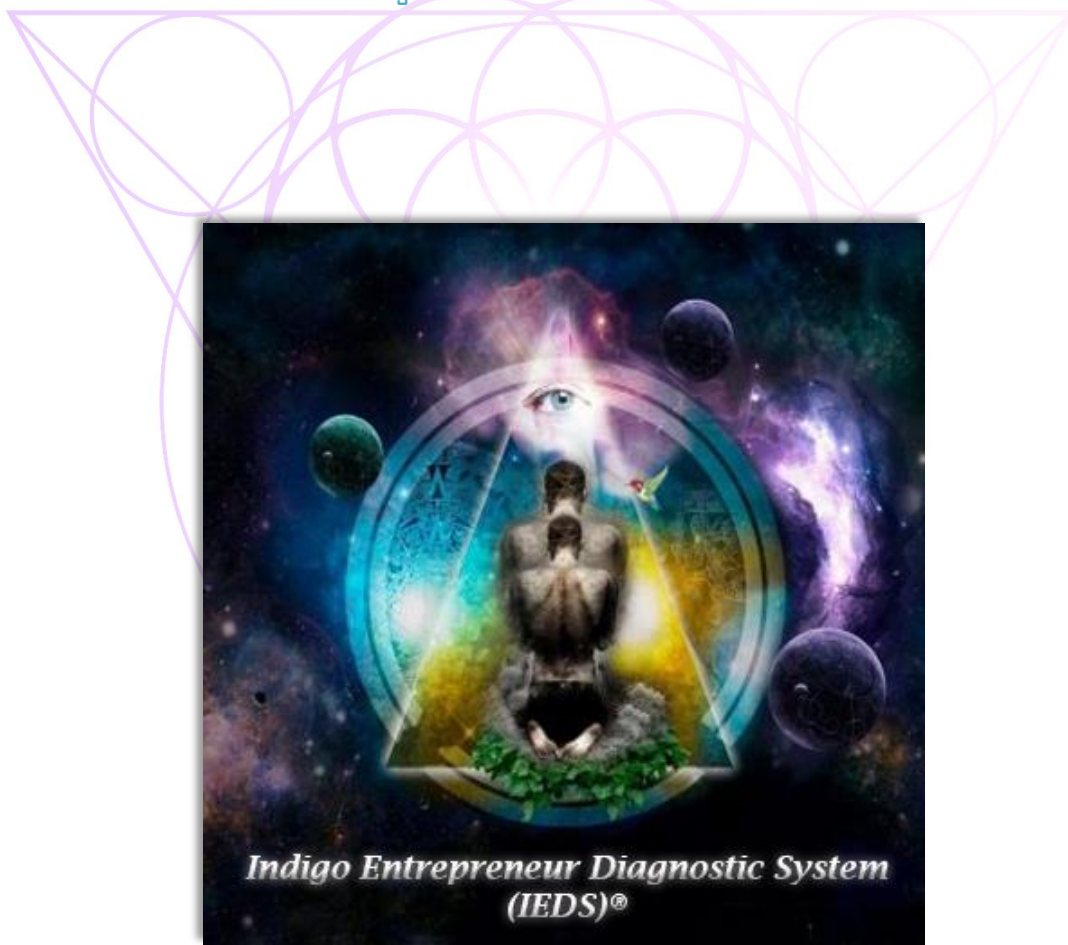
---

## The Indigo Code Workbook

---

RL

Indigo Code Workbook - 2nd Edition



RICHARD LIONHEART ENTERPRISES  
THE MULTIDIMENSIONAL HEART OF THE ENTREPRENEUR™

Personal Use Only



## INDIGO ENTREPRENEUR DIAGNOSTIC SYSTEM (IEDS™)

Congratulation! You've just taken a giant step for taking more control on your life throughout Vibration alignment (detailed information—in the guidance code).

This system is intended for identifying the Indigo who are living among us and who are having difficulties in manifesting their visions and desires, despite their enlightened origin.

As you may have noticed, this project is not intended for everyone. To be a part of this enterprise, there are basic characteristics, such as:

- A- Born in 1975 or after
- B- Have basic knowledge in the metaphysical realm (Not a "green" one)
- C- Highly intelligent
- D- Indigo source (That's when IEDS™ is for)

The IEDS™ is consisted of 5 sections, 4 of them are for you to answer the questions and the last section is for general information etc.

Upon participating in this project including IEDS™, AND signing these contracts, you agree to all the conditions and terms listed in section E & the official publication of Richard Lionheart Entrepreneurship LLC.

### Table of Content

Section A – General information

Section B - 30 characteristics of checkpoints

Section C – Multiple choices questionnaire

Section D – "Why do you think you fit to this enterprise?"

RICHARD LIONHEART  
THE MULTIDIMENSIONAL ENTREPRENEUR™

## A—General Information

Answer all the fields here in this section, before moving on to section B.

Full Name	RL
Date of Birth	
Place of residence	
Place of Birth	
Religion orientation	
Email Address	
English efficiency	
Languages spoken	
Place of Birth	

9

RICHARD LIONHEART  
THE MULTIMEDIA ENTREPRENEUR™

## B – 30 characteristics of checkpoints

Here are 30 characteristics of an Indigo type soul. Check the box **only** if you entirely agree with that statement and identify yourself aligned with the vibration this statement trigger whiting you. Take a moment to review each statement, don't rush to answer. After you're done answering this section, sum up the total statement you checked ✓

RL

- You were perceived as Intelligent, though may not have had top grades during school days.
- You are very creative & enjoy making things. Furthermore, you love the creative process, it's easy to you.
- Had disgust and perhaps loathing (and still do), for much of the required & repetitious work In school and workplace, especially as an employee.
- You were rebellious in school in that you refused to do homework and rejected authority of The teachers and your parents as well.
- You reject authority of any kind, as you don't like been told what to do.
- You have a strong sense of leadership boiling inside you. Furthermore, you don't follow others.
- Your parents have hard times understanding & controlling you. You outsmart them.
- You experienced early existential depression & feelings of helplessness. These may have ranged from sadness to utter despair. Suicidal feelings while still in high school or younger aren't uncommon.
- You have difficulty in service-oriented jobs, in fact, your caste system of employment.
- You prefer leadership positions or working alone rather than team positions.
- You have deep empathy for others, yet an intolerance of stupidity & boring small talk.
- You May be extremely emotionally sensitive, including crying at the drop of a hat (= No Shielding) or maybe the opposite and show no expression of emotion (= Full shielding).
- You may have trouble with Rage or Anger.
- You're having trouble with systems you consider broken or ineffective, i.e., political, Educational, medical & legal.

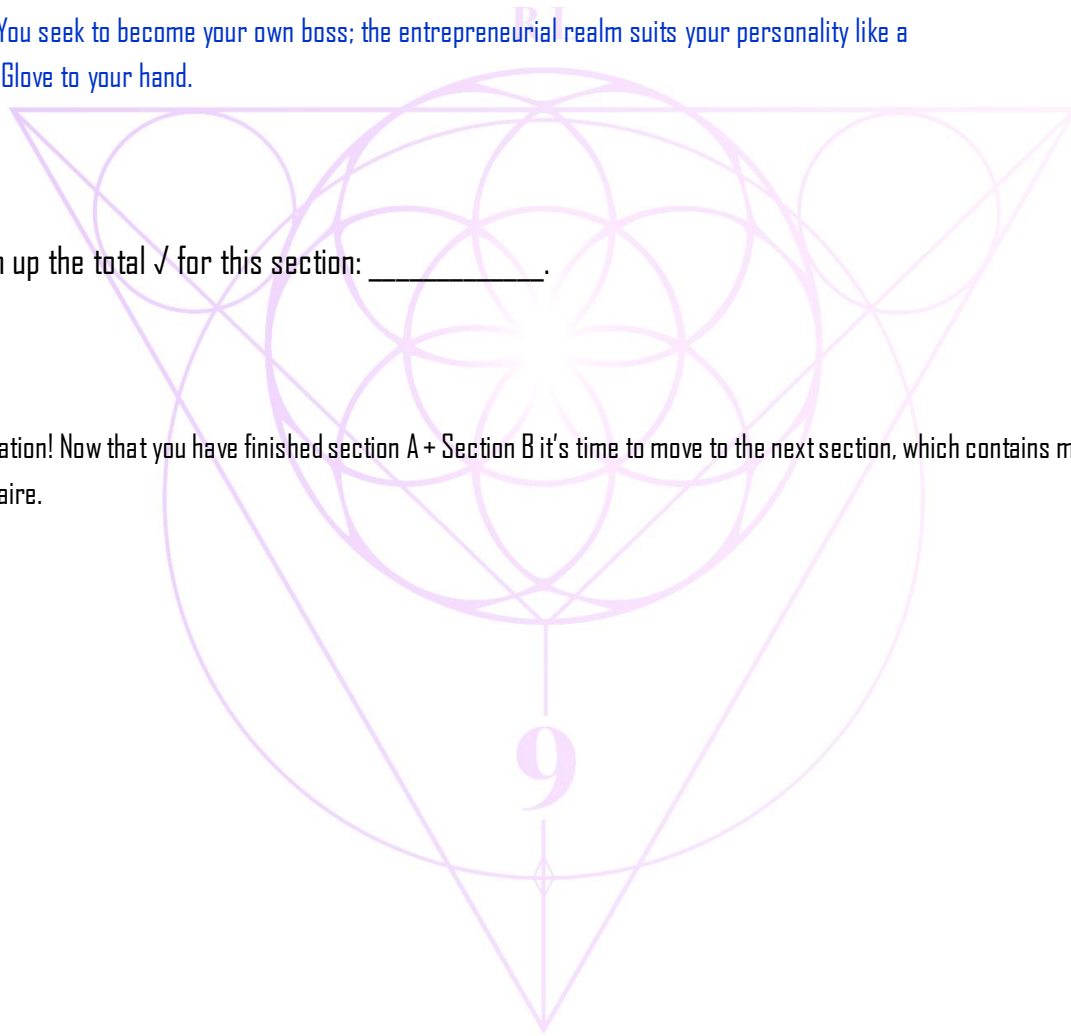
- You feel alienation from or anger with politics – feeling your voice won't matter and the Outcome doesn't matter.
- You feel your friends and foreigners having a hard time to understand your choices in life.
- You are feeling frustration with or rejection of the traditional American and Western dream Of the 9-5 career, marriage, children, house with white picket fence, etc.
- When you are experiencing social life, often you find yourself swimming upstream regarding Your opinions in the matter in hand, your perspective on life.
- You feel deep connection to your past lives, you can remember some of them, you can even Relate to life in other galaxies. What they tell the public – you just can't buy it.
- You have psychic or spiritual interest, appear fairly young – in or before teen years.
- You have a burning desire to do something to change and improve the world. May be stymied What to do. May have trouble identifying your path.
- You can forecast close future events; telepathic abilities are your second nature. Strong intuition.
- You had few if any Indigo role models in your life. Occasionally, you feel abandoned here.
- You may have trouble focusing on assigned tasks, you jump around in conversations.
- You have had psychic experiences, such as premonitions, seeing angels or ghosts, out of body Experiences and hearing voices. You can walk in both worlds and many dimensions.
- You may be electrically sensitive such as watches not working & streetlights going out as you Move under them, electrically equipment malfunctioning and lights blowing out.
- You have, as mentioned previously, awareness of other dimensions, parallel realities, fake time Concept and even sense of immortality. You feel you are “not alone” in your room.
- Sexually are very expressive and inventive, OR may reject sexuality in boredom or with an Intention of achieving higher spiritual connection. May explore alternative types of sexuality.



- You're seeking meaning to your life and understanding about the world. May seek and, Explore religion or spirituality, spiritual groups, and books, self-help groups, and books.
- When you find the balance, you become a strong, healthy, happy individual.
- You seek to become your own boss; the entrepreneurial realm suits your personality like a Glove to your hand.

Now sum up the total ✓ for this section: \_\_\_\_\_.

Congratulation! Now that you have finished section A + Section B it's time to move to the next section, which contains multiple choices' questionnaire.



RICHARD LIONHEART ENTERPRISES  
 THE MULTIMEDIALEARNING CENTER  
 HEART OF THE ENTREPRENEUR™

## C – Multiple Choices Questionnaire

This segment contains 20 questions, each with 3 options to choose from.

Select the answer that fit with your personality the most; there's no one "right" answer here, as this segment is intended for the purpose of reviewing what type of energy manifestation you are.

Review each question carefully and select the answer that is you!

### 1. "The system of employment suits me the most"

- I agree with that statement as I'm not suitable for the entrepreneurial career
- As long as I can remember, I have always been my own boss.
- I currently work as an Employee, but I know this system isn't for me.

### 2. How would you react to your family, friends or spouse as they are trying to "fix you"?

- They probably know what's best for me, so it's wise to listen & act as they want me to
- I was rebellious all the way in every way as they saw things from their perspective, not mine
- I haven't given it much of a thought; until now, at least

### 3. What's your point of view on the system of politics, financial-monetary, media, pharma?

- these systems are rotten to their core. It's a waste of time to try to fix/change them.
- Like in every system, there are two sides to each equation; that's the way it is.
- The only way to fix it is to be a part of it / I will be the one who's going to change that.

4. What was your relationship with authority figures throughout your life?

- The only authority which counts it me, as no one else see things through my eyes
- The only authority I consider as such are the ones who are in the place I thrive for.
- It's important to have authority figures in your life, even if it means to compromise.

5. What is your point of view on parallel realities, Dimensions, Aliens integration with humanity?

- I don't believe in this crap! What I see, it's my reality / Religion or Darwin supporter.
- I invested quite a time to study some of these or all, so I know it's true
- I keep an open mind on this; I'm willing to learn more.

6. You've been offered a position to choose without any conditions: service-oriented position / position which based on repetitious routine / 9-5 office job with steady\_framework / Entrepreneur and CEO position of your own firm with nothing is guaranteed. Which option suit your personality the best?

- The position of Entrepreneur/CEO anytime (even if I need to learn as a trainee for a while).
- I'm having a hard time to schedule my own work frame 8 times, so Office job is fine.
- I can't decide, I feel lost in this career world.

7. Do you think you need to work hard & it takes a long time to become financially free?

- That's what I've learned since childhood, which is the best/only way to become successful.
- I think that hard work means that something isn't right here, there's another, better way.
- The balance between the two points of views is the most efficient way.

8. You received 2 million euros and after 3 years it all went away out of your hands...

- I guess that is all that I have left in my universe warehouse, so I need to be modest from now
- There is an infinite number of manifestations in my Vortex, Vibration alignment is the key!
- I will never get that amount of money; I was born without the luck factor.

9. Are we alone in the Universe? What is your point of view on this matter?

- It depends on what NASA and the scientists have to say about this. I listen to them mostly.
- I don't listen to the main media/Science/Religions, I know we aren't alone here.
- I don't like this subject / I don't have an opinion / who cares?

10. To be selfish and egoistic, it's really a bad thing to be?

- These attributes are the root of all evil.
- To be selfish isn't a bad thing, as you need to put yourself in the center first, not others.
- I think only on myself even if I hurt others, I don't really care.

11. What do you think about the concept of "DEATH"?

- There is death. After we die, there's nothing, no continuation whatsoever.
- I take my knowledge from religions and folklore, with no intention to challenge them.
- There is no death as we are immortal energies which manifesting in physical bodies to Experience challenges and enjoy the ride. It's like changing a T-shirt in the store.



12. *Scenario (for men):* You took charge of implementing a new girl in the department, for helping her learn the job. In a short amount of time, you find out that she does the minimum, and she's having trouble maintaining the requirement you presented to her. You have some feeling for her, but in the other hand you're feeling like you are wasting your time and energy. What would you do?

- I will try any other way to make her improve her abilities, as I know she can do it.
- She needs to make the effort to show me (& the workplace) that she wants to do better.
- There is no benefit on forcing something or someone to change. I won't make any effort Unless she is willing to make it on her side.

13. *Scenario:* You finally came to realization that the concept of marriage isn't working for you, and you have decided that not only that you are going to caste marriage institute but also children, as you don't want both to be a part of your life. Now – your family and your social surrounding are pressuring you to forfeit your new decision. How would you react to these kinds of pressure?

- As I know myself, I'll fold under the pressure as I would rather not hurt my social life.
- I create my own reality and life and as such, other's opinion is irrelevant to me.
- I will convince them on my perspective, in hope they will accept my decision.

14. Have you a had a sudden change in your life such as Food craving, change of lifestyle, strong Need to break free from draining to boring lifestyle (job, toxic people etc.)?

- Yes, it happened to me before or happening to me right now. That's why I am here.
- I wished it would happen to me, but I'm too afraid to take any risks. I'm happy where I am
- I got divorced, that count for something?

15. *Scenario:* You discover hidden knowledge about human origin that changed your life and Your beliefs from top to bottom. On New Year's Eve, you are called to take a speech in front Of great crowd and press and in that speech of yours you need to take the old stand which Support the Smithsonian perspective. Now, there's a career on the line and your reputation If you are going to choose to reveal the "new" knowledge. Select your stand!

- I will keep my new standpoint to myself – my career and social life are more important.

- I will expose my changes in my beliefs and without any details; won't support the old news.
- I don't care what others will think of me or will say. Furthermore, I say what I want & believe all the time.

16. What is the purpose of life, what is your destiny in this lifetime?

- I don't know the answer to any of these questions. If you'll find out, please let me know.
- I decided to come down here to overcome challenges and manifesting my wants and dreams.
- To suffer, "enjoying" more bad luck. OH I hate rich people - they took my money.

17. "Your girlfriend holds a different perspective on life here & beyond; that causes some Inconveniences in your relationship."

- She needs to come more to my side as she is wrong.
- I'm not going to try to convince her to believe in anything I do. I stand my ground.
- It's okay to have differences, but it's still buttering me in the back of my mind.

18. What is your perspective on money?

- Money it's just manifestation of energy, which is flowing through me by Vibrations.
- That is a mean to an end, an auxiliary for fulfilling my goals in life.
- That is the most important thing in life (& for me), this is my goal - to have money.

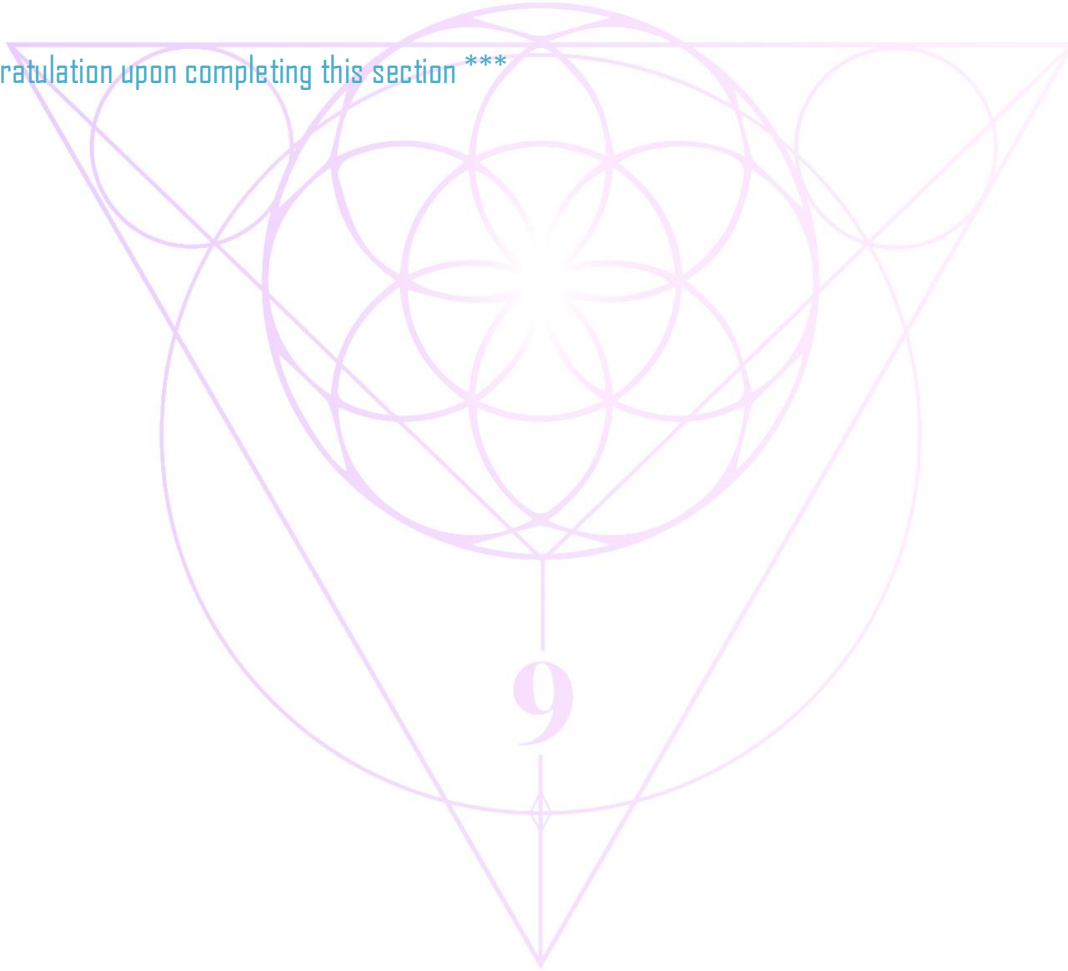
19. Scenario: "you are given 2 choices - A. happiness with little to no wealth, B. wealth but very to  
No happiness in your life. What will you choose?

- Happiness with little to no wealth
- Wealth with very little happiness
- Wealth with happiness - I want it all as I choose to create my own reality.

20. What do you think about this Enterprise of the Indigo entrepreneurship?

- I'm willing to give it a try as it is the first enterprise to attend the two niches together
- In my current life I am willing to try anything even if I'm not believing in this enterprise
- It's a brilliant enterprise, I see it can become a worldwide hit – helping as many Indigos as I can.

\*\*\*Congratulation upon completing this section \*\*\*



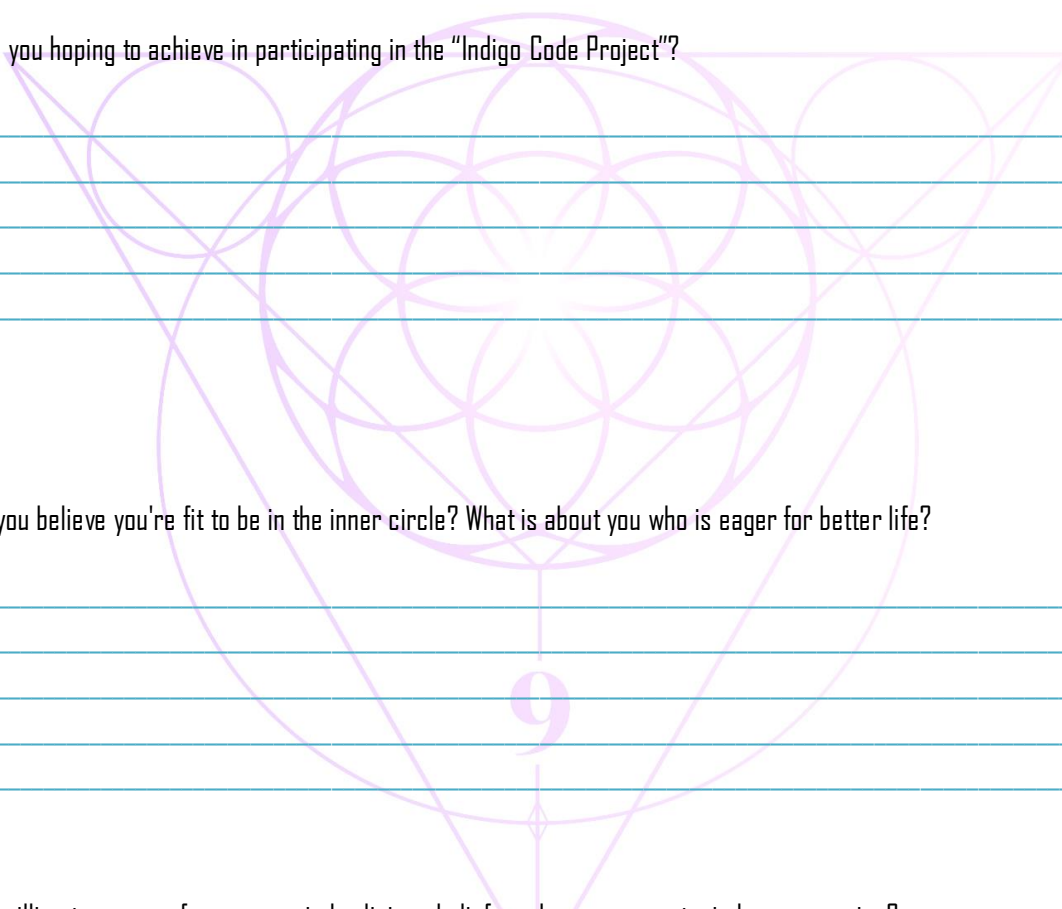
RICHARD LIONHEART ENTERPRISES  
THE MULTIDIMENSIONAL HEART ENTREPRENEUR™

## D – Open questions section

This last section (“Section D”) contains 6 questions, which you are more than welcome to answer freely with sincerity. The last section (“Section E”) contains general guidelines, privacy policy, non-disclosure agreement, payment & refund policy & copyright statement. This is a binding contract, you will be asked to sign it, thus agreeing to all the terms listed in the official documentation.

RL

1. What are you hoping to achieve in participating in the “Indigo Code Project”?



---

---

---

---

---

2. Why do you believe you're fit to be in the inner circle? What is about you who is eager for better life?



9

---

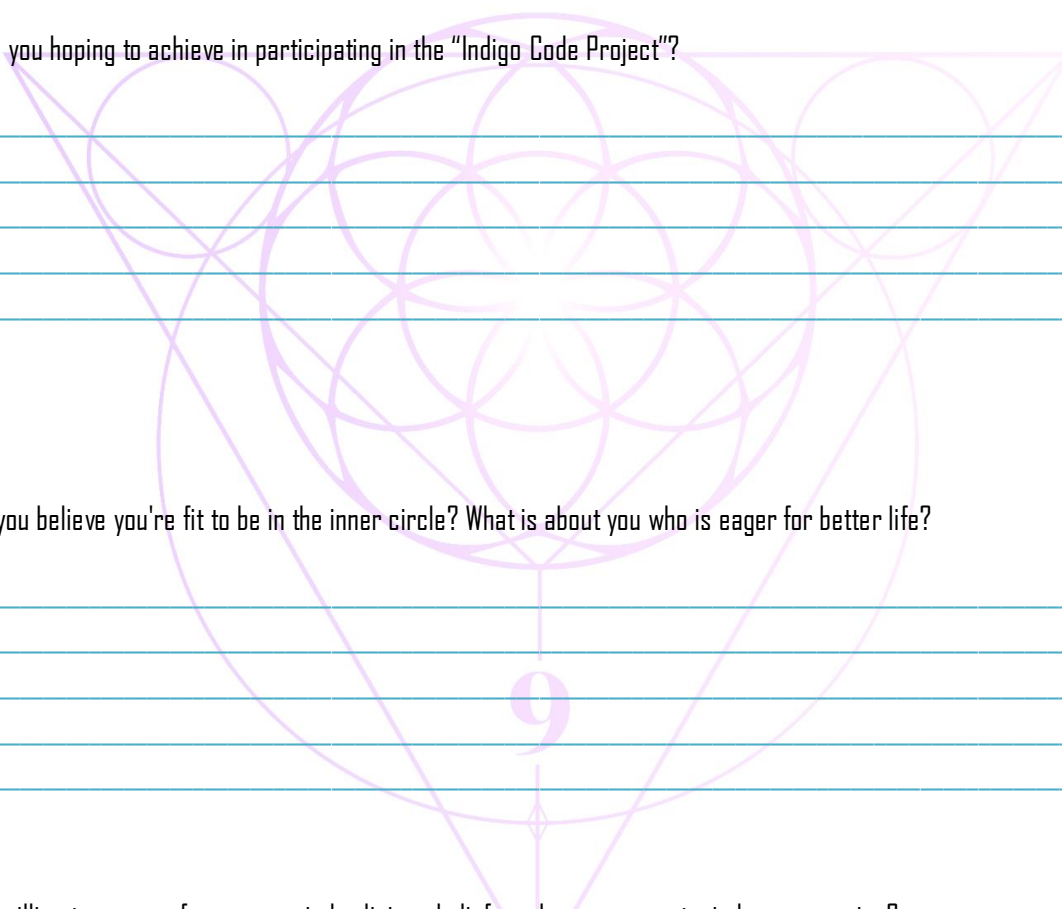
---

---

---

---

3. Are you willing to remove from your mind religious beliefs and some current mind programming?  
Which derailed you from who you truly are? Can you make this leap of faith in yourself?



RICHARD LIONHEART ENTERPRISES  
THE MULTIMEDIALEARNER™  
THE ART  
THE ENTREPRENEUR™

---

---

---

---

---



4. Have you ever encountered any abnormal experiences in your childhood and teen years? If yes, please share them with me...

---

---

---

---

---

RL

5. Tell us more about the Entrepreneurial path you chose to walk upon. What is your passion and dream of your career, what you will do, what value you're going to give others?

---

---

---

---

---

6. What kind of knowledge you feel of lacking in order to pursuit your vision & plan?

---

---

---

---

---

9

Now write your name, sign and write the date down below. If you wish to have a personal result to your email, send is the completed questionnaire, and we will get back to you up to 5 business days. In the email we will tell you what is your next step, you should take. In case your results are not showing that you are an Indigo, unfortunately we will say goodbye as friends. No hard feeling. Right?

You will receive an answer via Email regarding the results of your diagnostic.

Full Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Congratulation upon completing the IEDS™ – we will review & process your results in 7 business days.  
After processing the results, we will get back to you regarding your participating in the Indigo Code Project™

General Guidelines, Copyrights statement ©

The information listed in the following pages are a short and yet easy to read & understand, without the complication that comes with the long rigorous documents which are unreadable. This brief introduction of the policies which are presented here are taken from the full documentation which are available at Richard Lionheart Entrepreneurship Limited.

The Lisbon Indigo Project® | IEDS™ – Indigo Entrepreneur Diagnostic System® | Richardlionheart.net® |Richard Lionheart Entrepreneurship Limited®. And all the terms which are listed, published in the official documentation digital and printed (including website & social media) are subject to copyright claim be Richard Lionheart as the sole owner of the format and the information published by him, unless stated otherwise.

The term Indigo isn't listed in the copyright claims by Richard Lionheart, as he does not create it.  
Information and 3<sup>rd</sup> party services will be acknowledged with their proper naming.

All the information collected via website and other means will not be sold or transferred to any 3<sup>rd</sup> party sources. In case of willing to connect the costumer to any of our sources or partners, we shall seek authorization of the costumer itself. Any partner who is working with us or willing to work with us will be subject to strict non-disclosure agreement as we enforce here.

RICHARD LIONHEART  
THE MULTIMEDIA ENTREPRENEUR™

# DOOR 2 – CHAPTER 7



## F.E.A.R. False Evidence Appearing Real - Unknown

“

*When your attention is at the phantom past or the illusionary future time, Fear is paying you a visit. Being present is your key for heaven on earth*

*Richard Lionheart*

This chapter we talked about life's purpose, reincarnation, and fear. Reincarnation holds a karmatic debts and fears that can be from your past lives or this part. Diagnose the fear and Why, When, How, which is an art of itself. This chapter is built to let you become more aware of different types of fear in your life, by observing it, you are both present and free.

### **Tell me your fear, I will give you your freedom**

Fears are implemented in our mind via images, words, events, traumas, suggestions, exposure of MSM with subliminal signals, self-talk with illusionary scenarios and lack of knowledge of how to be free from the fear in under 68 seconds, any time, any day.

## BREAKING THE CYCLE OF FEAR – 2 INNERCISES FOR YOU

1. Can you break the cycle of fear?
2. Can fear become your friend rather than your enemy?
3. Can you program your auto-response to current and future events?

The answer is a definite YES!

**Step 1** – Acknowledge your current situation, reality, and results. Don't try to rationalize anything, just observe and accept personal responsibility for your life.

The good thing here is – You can change your life to draw success after success and not failures.

**Step 2** – Understand that your current results are here because of your past thinking, habits, behaviors, and actions. Don't beat yourself up. Quantum physics state that observing a particle changes its Nature, just by observing. So, that is considered as action as well.

**Step 3 – Know thy Fear – When** you give an address to fear, it loses its powers over you, and you can work your way out of this mess. When you frame the fear, you demystify it and minimize it. Now let's work a bit, shall we?

- A. From the list of 50 fear types, choose the top 3 fears that truly bother you the most.
- B. After you selected them, move forward to step number 4.

RICHARD LIONHEART  
THE MULTIMEDIALENTREPRENEUR™

1. Fear of success
2. Fear of failure
3. Fear of looking foolish in front of others
4. Fear of public speaking (the fear from speaking to a crowd, thinking the worst outcome)
5. Fear of loneliness
6. Fear of poverty
7. Fear of being ultrarich, super successful (how can you manage all of that?)
8. Fear of being unloved (and maybe cheated upon...)
9. Fear of disappointment
10. Fear of being judged
11. Fear of change (your comfort is so protective, safe, and it works, so why bother?)
12. Fear of being ashamed
13. Fear of being embarrassed
14. Fear of rejection (opposite sex, work, social)
15. Fear of the unknown
16. Fear of being overwhelmed
17. Fear of acting
18. Fear of losing your freedom
19. Fear of making mistakes
20. Fear of being hurt
21. Fear of pain
22. Fear of losing everything
23. Fear of being ridiculed
24. Fear of not being good enough (the perfection = paralyzing mechanism)
25. Fear of not being smart enough (you tend to see others better than you every time)
26. Fear of acting
27. Fear of being alone (don't worry, divorce is a great thing for you, trust me)
28. Fear of being helpless (when someone asks you for help & you fear you can't help him or her)
29. Fear of change

RL

9

RICHARD LIONHEART ENTERPRISES  
THE MINDSET OF A HEART ENTREPRENEUR™



30. Fear of circumstances
31. Fear of complacency
32. Fear of corruption (yourself, others in your business)
33. Fear running out of time
34. Fear of what others think
35. Fear of loss of self
36. Fear of not belonging
37. Fear of being a fraud
38. Fear of attracting attention
39. Fear of not being understood by others (you want to nail it every time)
40. Fear of future events concerning yourself or others.
41. Fear of intimacy and performance anxiety.
42. Fear of death.
43. Fear of being controlled by others, thus losing yourself
44. Fear of the circle of Karma
45. Fear of radical changes without being able to pull it off (the ground)
46. Fear of being imperfect physically and mentally
47. Fear of being a sucker for a punch all the time
48. Fear of religious dogma – Hell, punishment from above etc.
49. Fear of being a virgin or not finding the “Right One” for you
50. Fear of being afraid all the time.

RL

9

RICHARD LIONHEART ENTERPRISES  
THE MULTIMEDIALEADERSHIP  
HEART  
ENTREPRENEUR™

**Step 4 – question your fear!** – Asking the right question can make or break, so take each fear and ask these questions:

1. Is there a solid and concrete evidence of that fear being true? If yes, is there another way to that situation to change? Look at your experiences and look for the same situations with different results? What did you do that brought you these outcomes? Write it down. (I won't accept answers such as "I didn't have ones" as you had them, you just can't remember them right now).
2. How would you feel if that fear will be "out of service" for you? Daydream and envision that event in a different outcome and focus on your feelings... knock yourself out. It's fun! (a tip! When you mix feelings with your vision, you activate the law of attraction – feelings are the missing links that were hidden from the masses for too fucking long).
3. Take a business scenario on your chosen fear. Use fear-based outcome versus success-based outcome; your goal is to write more positive outcomes from fear-based outcome.
4. Take a relationship scenario now. Repeat the same process as mentioned in previous action-step.
5. Create a self-rampage talk that will last for at least 68 seconds on the new outcome you wish to experience. There is a magic in the number 68 in the cosmos.
6. Create a weekly task list for each day of the week.

Do the hardest and less fun tasks in the first 4 hours of the day, morning time (yes, you guessed it... this is scientifically proven to be most effective as well).

Measure your goals and reward yourself on every "difficult" task been completed – retrain your brain to be rewarded engaging these tasks until you make them easy and fun, with the fear resident is being evacuated from the building!

RICHARD LIONHEART  
THE MULTIMILLIONAIRE MENTOR  
HEART  
ENTREPRENEUR™

## INNERCISE 2

Let us sum up the needed steps for tuning in to find out your life's purpose from left-brain steps slowly into right-brain steps

1. Make a list of 50 aspects that are good about yourself without any negativity whatsoever
2. Focus the list downstream to 10 in which you behave and act naturally as like it's a game for you, such as: I can write fantasies or any task of writing with ease on the highest level; or, every time I speak to someone – He/she is transforming their life to the better and more. write those down.
3. Start to eat correctly (see my guide in chapter 4 on nutrition that are good for your enlightenment).
4. Breathe Right with Whim Hoff (Watch the training video here): <https://www.youtube.com/watch?v=tyb0i4hjZFQ>
5. Train right 3-4 weekly (Jeremy Ethier, Jeff Cavalier are great coaches to learn from).
6. Meditate daily with your desired story in mind for a few minutes in the morning & before bedtime.
7. Eliminate mainstream media only to work related you need. Eliminate outside negative influences.
8. Write a journal about your progress.

RICHARD LIONHEART ENTERPRISES  
THE MULTITASKING HEART  
ENTREPRENEUR™

# DOOR 2 – CHAPTER 8



*We can't emphasize enough of the importance of natural organic nutrition & lifestyle to the expansion of the awareness and light-body*

*Council of 9*

One of the major aspects of our multidimensional teaching is proper nutrition, proper breathing, training, and meditations. What the ancients knew, just now the science is starting to catch up. In this chapter, we talked about supporting your spiritual side in taking care of your body.

My approach is non-mainstream and many companies and experts will disagree with me on my point of view, but I don't give a flying fuck about them. I do give an F about you. Let your inner guidance tell you whatever it's good for you or not.

## **The key for acceleration of manifestation**

On the following pages, you will have the chance to check if you are one of us. Fill it with complete honesty, as it will reveal more about yourself. We use this kit to filter the ones who will not progress with us to the Indigo Circle.

## ACTION REQUIRED – CHAPTER 8

1. Read the Book “Nutrition and Physical Degeneration” by Weston A. Price and make some notes about the main practical changes you can implement from tomorrow morning.
2. Change your Toothpaste into organic non-fluoride one. You can skip mouthwash unless it complies with our healthy, natural new lifestyle.
3. Start practicing WIM Hof breathing and cold shower methods and see how it’s changing your body. Make note to change the way your breath by practicing 5-10 minutes a day for 6 months.
4. Get up early each morning 05:00 or 06:00 am as your new morning routine (make it a habit only when you have your routine in place) of stretching, meditating, cold shower, morning Yoga / exercise.
5. Make your food for the day ready with all the macros you need – eat slowly, focus on the eating process without distractions.
6. At night, sleep by 23:00pm in completely dark room. Pay gratitude before falling asleep.

9

RICHARD LIONHEART ENTERPRISES  
THE MULTIMILLIONAIRE MINDSET  
HEART OF THE ENTREPRENEUR™



# DOOR 3 – CHAPTER 13



***Black rose** – An energy sucking, reversed spiral, entity in the form of people or loose energy residual; One-valve which feed on fear*

This is a crucial chapter in which we discuss the reality of matching vibration with sources of energy sucking valves. When you are not present in the moment of now, you might be susceptible to people in your life that “taking” your energy away, you have fears that these entities are feeding off.

We discussed about physical and non-physical black roses, and some practices, so you can be conscious presence about these energies in your social circle.

## **Can you tell who is who, and the heck to remove them?**

They are also in your business as well, not only your social circle. You get into an interaction with someone, full of energy at the beginning, but totally drained afterward? There are too many of those in your life, but you are unaware of them. Wake up!

## THE "BLACK ROSES" CHECK-LIST 101

1. MAKE A LIST OF SUSPICIOUS PEOPLE IN YOUR LIFE
2. APPLY THIS CHECKLIST UPON THEM HONESTLY
3. MAKE SURE TO NOTICE YOUR EMOTIONS IN ALL THOSE MOMENTS YOU'VE BEEN AROUND THEM
4. IF THAT PERSON IS "BLACK-ROSE" POSITIVE, CAN YOU CUT TIES WITH HIM/HER (REMOVING INFLUENCES THAT HINDER YOU RATHER THAN CHOOSING ONES THAT SUPPORT YOU)?
5. WRITE DOWN WHAT KIND OF PEOPLE YOU WISH TO HAVE IN YOUR LIFE THAT YOU CAN BENEFIT FROM THEM AS THEY CAN BENEFIT FROM YOU IN PROSPEROUS CONNECTION.

How many "black roses" do you think you have in your life?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

Do you have more than 10? Oh boy, you are in deep shit now, buddy.  
Joking, it's good that you have found out now about them.

THE MULTITASKING HEART ENTREPRENEUR™

#ATTRIBUTE	#YES/NO
NAME OF THE PERSON _____	
HAVE YOU FELT GOOD PRIOR TO THE MEETING?	
DOES THIS PERSON CONTACT YOU ONLY WHEN YOU FEEL GOOD, AS HE/SHE HAS G-SENSE ABOUT YOU?	
IS THERE IMBALANCE IN GIVE/RECEIVE BETWEEN YOU & THAT PERSON 90% OF TIME? YOU GIVE & GIVE...?	
DOES HE/SHE USES YOUR STUFF WITHOUT ANY PERMISSION, REGARDLESS YOUR WARNINGS	
DOES HE TAKE YOUR MONEY & NOT GIVING IT BACK	
WHEN THAT PERSON HAS ISSUES, HE CALLS YOU FOR LONG-HOWL TALK, BUT WHEN YOU'RE IN NEED, THE CONVERSATION LASTS MINUTES?	
(MEN) SHE CAN OFFER YOU JOINT DINNER, BUT YOU'LL BUY EVERYTHING, COOK, CLEAN, AND SHE'LL GIVE YOU A KISS ON THE CHICK... HOORAY?	
THIS PERSON PURRS COLD WATER EACH TIME YOU SHARE YOUR VISION, PASSION OR OUTSIDE THE BOX INSIGHTS?	
DO YOU GET SICK OR DIZZY DAYS AFTER THE ENCOUNTER WITH HIM/HER?	
WHEN YOU AREN'T NEAR THAT PERSON, YOU FEEL HAPPY, VITAL AND REFRESHED?	
THEY ARE WITH YOU FOR BETTER OR WORST... OHHH, SKIP THE WORST PART?	
AROUND THEM, YOU FEEL ANGER, SADNESS, DEPRESSION, EMOTIONAL TURBULENCE?	
PRIOR TO ENCOUNTER "BLACK ROSES" – DO YOU IN DOWNSTREAM OR UPSTREAM MODE?	
AND HOW ABOUT DURING & AFTER?	

DO YOU SOMETIMES PERCEIVE THE BELIEF TO RECEIVE MORE AND GIVE LESS?	
HOW MANY BLACK ROSES YOU HAVE IN YOUR LIFE AT THE MOMENT? WRITE THEIR NAMES DOWN BELOW	

RL

Write here your notes about that person, what comes into your mind right now:

---



---



---

State how many times did your intuition told you that that person is an energy drainer, but you went ahead anyway, just to feel drained for the next 2-3 days?

---



---



---

Now, in regard to the table above, there is no answer key for that. The key point is the minute you are aware of your honest answer, you are being present. While you observe that answer, you change the reality.

What to do with black roses in your life?

Try to cut ties with them as soon as possible, unless it's absolutely necessary. Even then, spend less time with them. Look into yourself and ask: "Why have I manifested this person into my life? What kind of vibration I held that caused that to occur?"

Now, observe the answer like a bystander looking on the stage of his show.

You will be surprised how soon you can have the Eureka moment with what to do.

RICHARD LIONHEART ENTERPRISES  
THE MULTIMEDIALENTREPRENEUR™








# DOOR 4 – CHAPTER 16



“

*Your intuition is never wrong. It is you who fails to listen  
(Don Ricardo)*

**Your career is about to change, are you ready?**

	You can also format text directly by using the other controls on the Home tab.
	The human society is shifting into Entrepreneurial workspace #Egtow
	The shifts of energy cause rapid changes & require fast adaptation.  or 
	Laws of the universe, quantum science, Epigenetics, string theory & neuroscience are entering your business regimen. Deal with!
	Most controls offer a choice of using the look from the current theme or using a format that you specify directly



## call to action – controlling your environment

1. **Control your environment** – Now that you know from both science and laws of the universe that what you feed yourself from the outside becomes you, now make a list of every “food” you are bombarded from your environment: Newspapers, Social Media, Broadcasts/Radio, main people in your life, Books, education information.

2. **For each segment, ask the following guiding questions:** Is that “Information” is making me feel good, keeping me inside the vortex or out?

*Is it really helping me to achieve my goals practically (at the end of the day? you made progress or stayed in the same place?)?*

3. **Control your inner game** – What words I use each day when I think of what I do want? Make a list of the common words you use!

*After you’re done, when you see negative words, change them to words with less Resistance (see here an example from Abraham Hicks).*

4. From what figure I can learn what I want that correlates with my vision and path?

### Write your answers here

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3.

---

---

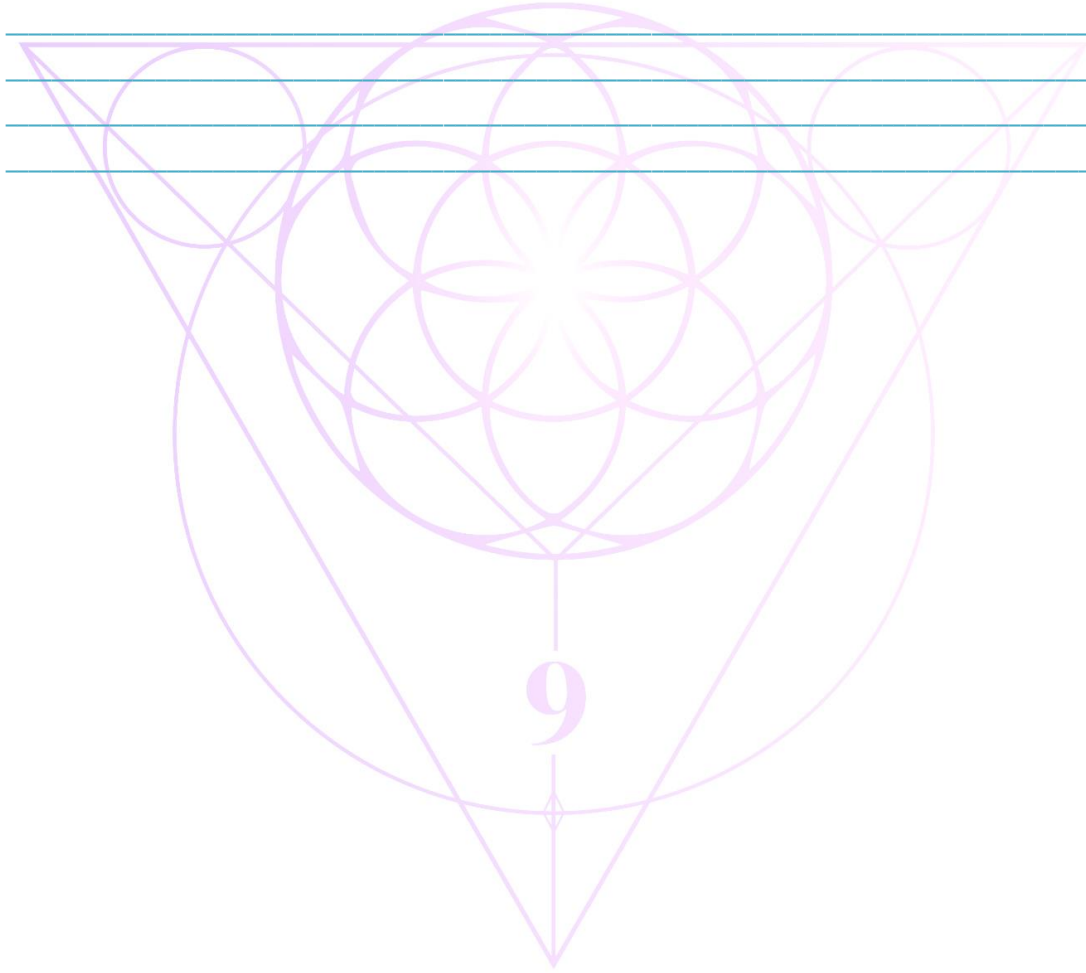
---

---

---

4.

RL



RICHARD LIONHEART  
THE MULTIMEDIA ENTREPRENEUR™

# DOOR 4 – CHAPTER 18



“

*When you are in dream state, you are in the real and only true presence. You can achieve that state in awakened state as well.*

”

RICHARD LIONHEART  
THE MULTIMEDIALEARNING ENTREPRENEUR™

# Recall your dreams, or shall I say visions?

- 1. If you have dreams or visions – Dedicate a notebook only for that, as in time you will notice that hidden messages are embedded within your dreams & visions.
- 2. If you have multiple subject notebook, you can dedicate one folder for business Ideas – you'll be surprise what can come up while you expect for inputs.

1.

2.

RICHARD LIONHEART ENTERPRISES  
THE MULTIMEDIALEARNING CENTER  
HEART OF THE ENTREPRENEUR™






# DOOR 5 – CHAPTER 23



“

*Darkness is presence in the void of the present moment, ghosts of the past, phantom realities of the future.*

## Take charge, join the winner side – You!

	Most of MSM are filled with crap and negative programming to keep you dumb
	Your sole responsibility is to change & control what you can about yourself. Others? None of your fucking problem. Hey! You aren't captain save a hoe, right?
	Create or be a part of community that share your vision & lifestyle; Don't count on the System to take you up; unless, of course, you plan to go down.
	Fuel your brain with information that will ascend you while building your business empire. The path of spiritual & supporting science is yours to own.
	Keep a daily diary of all of your daily successes, at least 10-12 a day. You'll be amazed in under 30 days your life will change. Try it before taking my word for it.



## What & where are your battles?

1. What do you think about this information?

RL

2. Have you talked about those subjects with others or with yourself, and felt it's too crazy to be true?

3. Do you think you can change anything, & how?

4. Would you will to contact with others that think like you, exchange information? If not, what's stopping you to make a step toward that goal?

1.

2.

3.

4.

RICHARD LIONHEART ENTERPRISES  
THE MULTIMEDIA ENTREPRENEUR™

# DOOR 6 – CHAPTER 24



“

*Writing yourself onto pen & paper is one of the most powerful ways to clear your mental fog and achieve your vision into the 3<sup>rd</sup> dimension*

Writing it's an art by itself, especially if you engage the creative side of you that lies mainly on the right hemisphere of the brain. There is a phrase that states: "Write your mind" and that is true; your mind isn't your brain but outside the brain, in the quantum field that surrounds you, so writing from within you can liberate you from the prison of the overthinking loop of your daily life.

## **Conversations from the 9<sup>th</sup> dimension – A new book from me!**

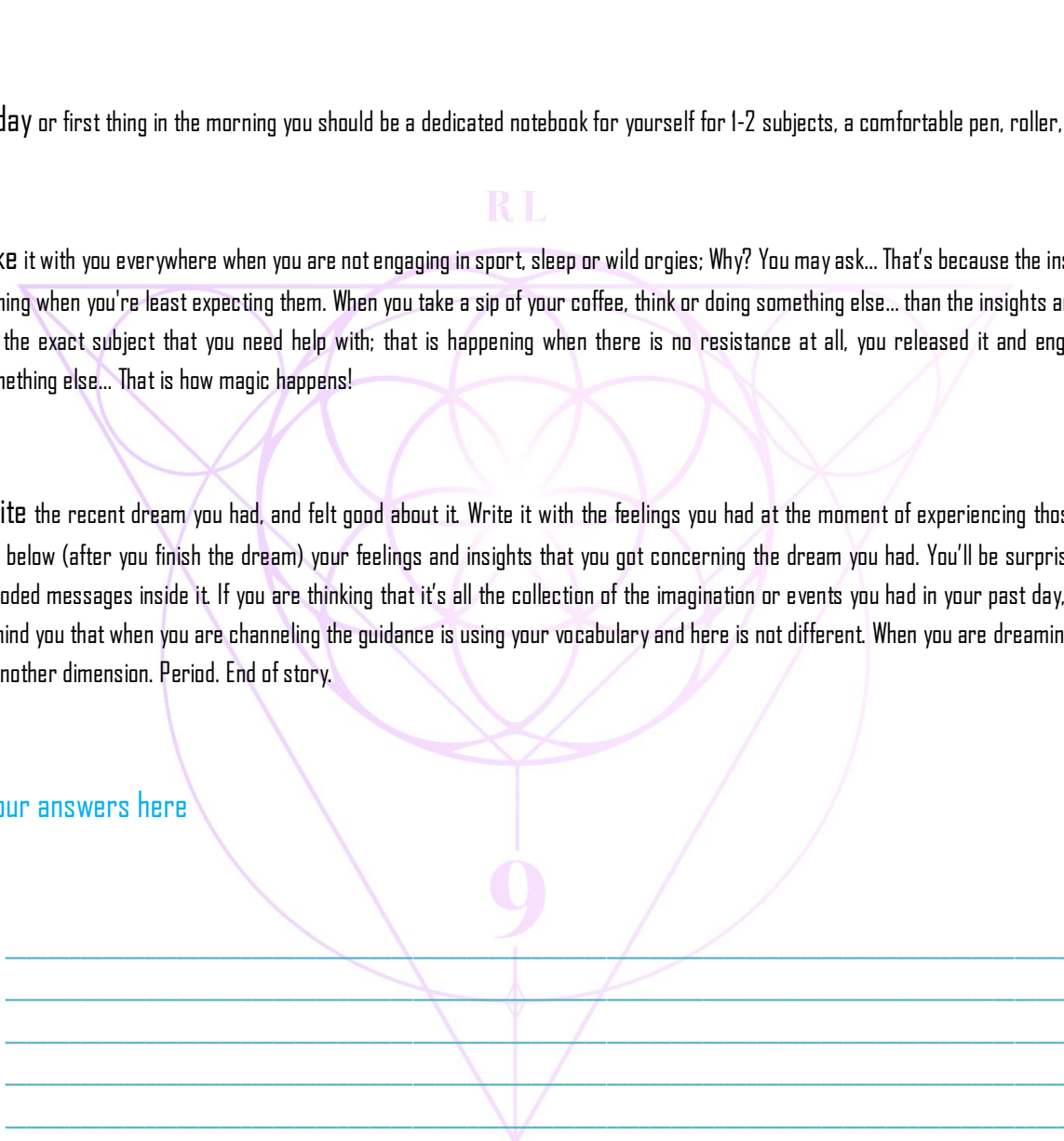
I am currently working on a new book of dreams and visions, alongside channeling from recent years. This book, with more than 100 visions, interpretations, hidden messages and practices of lucid-dreaming. I talk about it in my Vlog & Podcast.

RICHARD LIONHEART ENTERPRISES  
THE MULTIDIMENSIONAL HEART ENTREPRENEUR™

## Call to action – what are your battles?

1. **Today** or first thing in the morning you should be a dedicated notebook for yourself for 1-2 subjects, a comfortable pen, roller, marker!
2. **Take** it with you everywhere when you are not engaging in sport, sleep or wild orgies; Why? You may ask... That's because the insights are coming when you're least expecting them. When you take a sip of your coffee, think or doing something else... than the insights are coming for the exact subject that you need help with; that is happening when there is no resistance at all, you released it and engaged into something else... That is how magic happens!
3. **Write** the recent dream you had, and felt good about it. Write it with the feelings you had at the moment of experiencing those events, and below (after you finish the dream) your feelings and insights that you got concerning the dream you had. You'll be surprised to see encoded messages inside it. If you are thinking that it's all the collection of the imagination or events you had in your past day, I want to remind you that when you are channeling the guidance is using your vocabulary and here is not different. When you are dreaming, you are in another dimension. Period. End of story.

Write your answers here



1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_

# DOOR 6 – CHAPTER 25



“

*Writing yourself onto pen & paper is one of the most powerful ways to clear your mental fog and achieve your vision into the 3<sup>rd</sup> dimension*

Writing it's an art by itself, especially if you engage the creative side of you that lies mainly on the right hemisphere of the brain. There is a phrase that states: "Write your mind" and that is true; your mind isn't your brain but outside the brain, in the quantum field that surrounds you, so writing from within you can liberate you from the prison of the overthinking loop of your daily life.

## **Conversations from the 9<sup>th</sup> dimension – A new book from me!**

I am currently working on a new book of dreams and visions, alongside channeling from recent years. This book, with more than 100 visions, interpretations, hidden messages and practices of lucid-dreaming, I talk about it in my Vlog & Podcast

RICHARD LIONHEART  
THE MULTIDIMENSIONAL



LIONHEART  
ENTREPRENEUR™

## Call to action – Share your dream-vision

1. Write down a Vision you had clear message and how you have acted.
2. Write How it helped you; if no, write why not
3. Share with me – DM on email, contact form on my website.

RL

Write your notes here

1.

2.

RICHARD LIONHEART  
THE MULTIMEDIA ENTREPRENEUR™

# DOOR 6 – CHAPTER 26



*When you see yourself as an infinite point of awareness, one's in any shape or form there's no force that can deny you from owning what your heart desires. (Don Ricardo, January 2021)*

In this short chapter, we are delivering more practical aspects of writing your goals and creating your vision board. It's important to train yourself in tuning into the present moment of every aspect and vision, as it's already done! Brain and Heart coherence is the master-key for any manifestation in no time. What once considered as spiritual mambo-jumbo is now backed by hardcore science.

## Care to become a fantasy author?

In our unique course: "The fantasy Ring" we are training individuals who have strong Right-brain functionality how to tune themselves into going into lower brain waves, activating the pineal gland, gazing, daydreaming and writing masterpieces that words cannot reflect. Enter our website: <https://richardlionheart.net> for applying (only 6 for each class)

## Call to action – Share your dream-vision

Let's start with writing your goals, here are 10 statements and all you have to do is to write next to that statement is it's an Upstream or Downstream statement, so we will analyze how tuned are you, ok?

1. I will be a millionaire by the age of X \_\_\_\_\_

2. I just want to feel good during the process \_\_\_\_\_



3. Furthermore, I hope that by tomorrow I will find a job

---

4. I want to live in a small budget; I don't need to be rich. Furthermore, I settle for less

---

5. I'm writing 10 goals to do 5

---

6. I'm seeking Freedom as the source of feeling good, all I want will follow

---

7. Things are always working out for me

---

8. I expect to live an abundant life and have a prosperous business, I believe in all that I do

---

9. I hope that the meeting tomorrow will work out

---

10. Likewise, I trust in myself and I have everything it takes to expand and grow

---

### So, how was it?

Now, go back to the book and review your answers.

The purpose of this exercise is to get your attention to the hidden "upstream" words you are using in your daily life. Protect your thoughts is one thing, choosing your words is another aspect you need to take into consideration. See page 404.

When you get yourself using "upstream words", don't be so hard on yourself – just say: "I used this word, but I want to use a better word, like "xxx" and use it. By doing that, you are breaking your autopilot mind. You are now active and present.

### Call to action – create a vision board

1. Create a vision board in Photoshop and put in front of you on a simple board. Every aspect should be addressed such as: Health, Travel, Career, relationship, hobbies, contributing to others via your enterprise, and more.

2. Upload your vision board on our blog and get a response from me to help you out & support. This is one of my vision boards. I use that as a wallpaper, printed on canvas & all around my office & home.

## Call to action – Business plan “Downstream” Mode

1. TAKE YOUR BUSINESS PLAN (IF YOU HAVE ONE, IF NOT, WRITE IT NOW) AND REVIEW IT FROM TOP TO BOTTOM. CIRCLE THE PHRASES THAT RAISE YOUR AWARENESS FOR RESISTANCES IN WORDS, PHRASES, AND FEELINGS THAT ARISES WITHIN YOU WHILE READING IT.
2. UPON THE CHOSEN PHRASES, OFFER AT LEAST 2-3 BETTER OPTIONS THAT IN CORRELATION WITH AND STILL BE SHORT AND PROFESSIONAL ENOUGH FOR YOU AND YOUR STAFF.
3. SEEK TO OFFER COOPERATION OR LEARNING EXPERIENCES WITH OTHER IN ARE SOMEWHAT IN THE SAME FIELD OF BUSINESS. IF YOU APPROACH THEM WHILE YOU ARE ALIGNED, YOU WILL NOT HEAR MANY NO'S IF ANY. LISTEN TO YOUR INNER GUIDANCE – THEY WILL TUNE YOU TO THE RIGHT SOURCES.
4. CREATE AN EXECUTIVE SUMMARY AND HANG IN FRONT OF YOU IN YOUR OFFICE, NEXT TO YOUR VISION BOARD.

Write your answers here

1.

---

---

---

---

---

---

---

---

2.

---

---

---

---

---

---

---

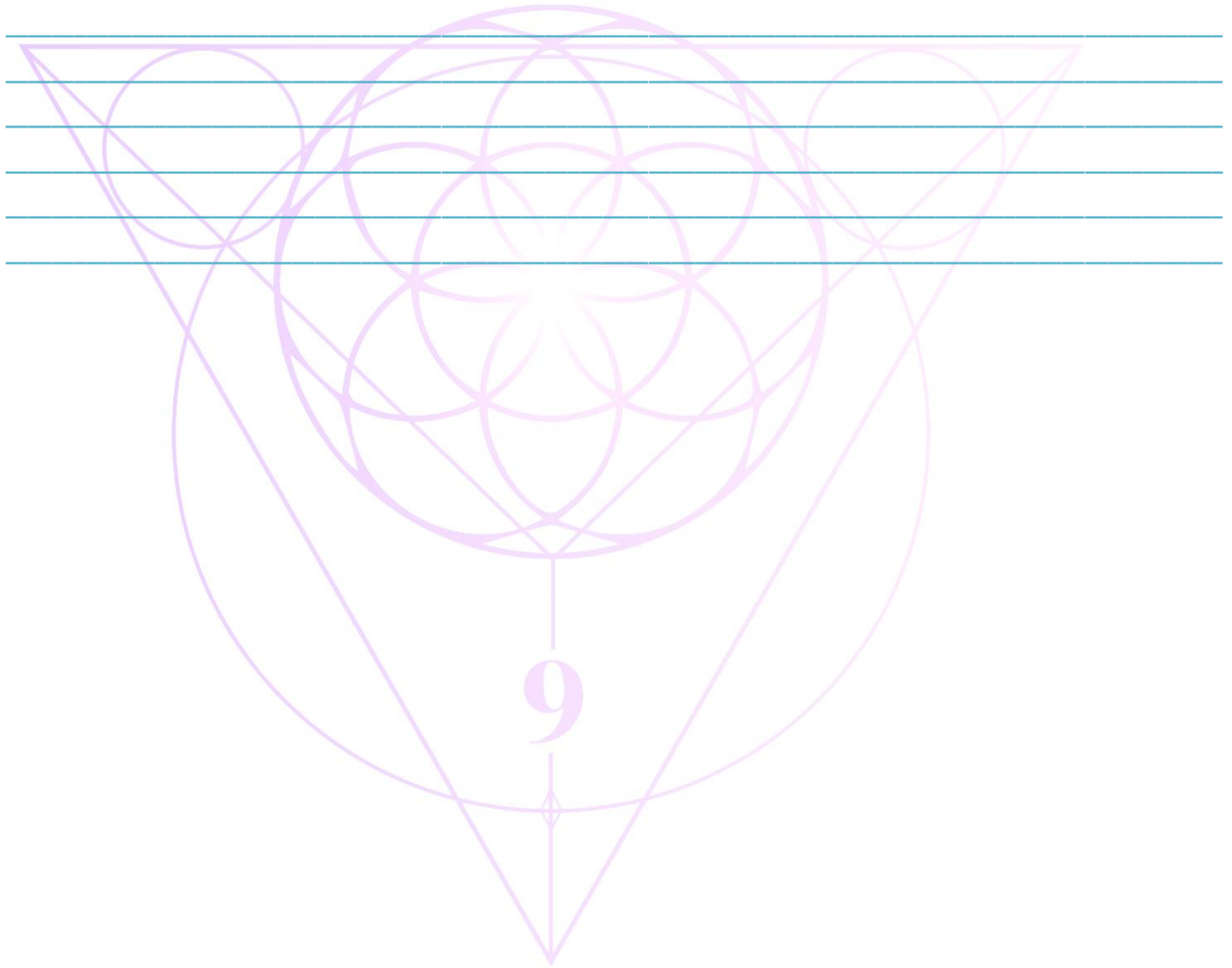
---

3.



RL

4.



RICHARD LIONHEART  
THE MULTIDIMENSIONAL ENTREPRENEUR™

# BONUS: INTUITIVE WRITING



*When you create pictures, charts, or diagrams, they also coordinate with your current document look. You can easily change the formatting of selected text in the document text by choosing a look for the selected text from the Quick Styles gallery on the Home tab*

On the Insert tab, the galleries include items that are designed to coordinate with the overall look of your document. You can use these galleries to insert tables, headers, footers, lists, cover pages, and other document building blocks.

## Level 3 heading again

On the Insert tab, the galleries include items that are designed to coordinate with the overall look of your document. You can use these galleries to insert tables, headers, footers, lists, cover pages, and other document building blocks.

## Call to action 1 – intuitive writing program

1. Find a quiet & intimate place for an hour
2. Make sure you sit comfortably and relaxed

3. Practice 1 minute of slow breathing: inhale for 4 seconds, hold it for 1-2 seconds and exhale slowly for 6-8 seconds.
4. Take a paper, preferred yellow and not bright white color. We need to ease on the eyes.
5. Hold a pen on paper and shift your awareness toward your pineal gland and with a golden pipe into your Vortex. See guidance pulled down onto your head and from there onto the paper.
6. At first, you will write words without any meaning, similarly to when you open the tap water in your home after a long time without use – some brown and dirty water flowing until they are getting clearer and clearer. Same process here
7. Slow your mind and heart and let the words come out in your rhythm – to get a hold of it takes some time.
8. After the process is done – Review your text and see what message you've received.
9. Closure: pay a gratitude to the universe for the interaction and back to your senses.

### Call to action 2 – intuitive writing program

1. REVIEW YOUR LIFE ACCORDING TO THE OUTLINES IN PAGE 369 AND SEE WHERE YOU ARE STANDING IN RELATION TO THE LIST. WHAT CAN YOU CHANGE TODAY, AND WHAT WILL REQUIRE MORE TIME?
2. MAKE A PLAN WITH TIMELINES TO ACHIEVE THE CHANGES YOU WISH TO HAVE.
3. EXERCISE YOUR INTUITIVE WRITING ABOUT A SUBJECT YOU WISH TO HAVE GUIDANCE ABOUT. WRITE BELOW YOUR EXPERIENCE AND SHARE IT IN OUR BLOG.

Write your answers here

1.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

RL

2.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

9

RICHARD LIONHEART  
THE MULTIMEDIA ENTREPRENEUR™



# Más proyectos del escritorio de Richard

# MIDNIGHT TRAIN

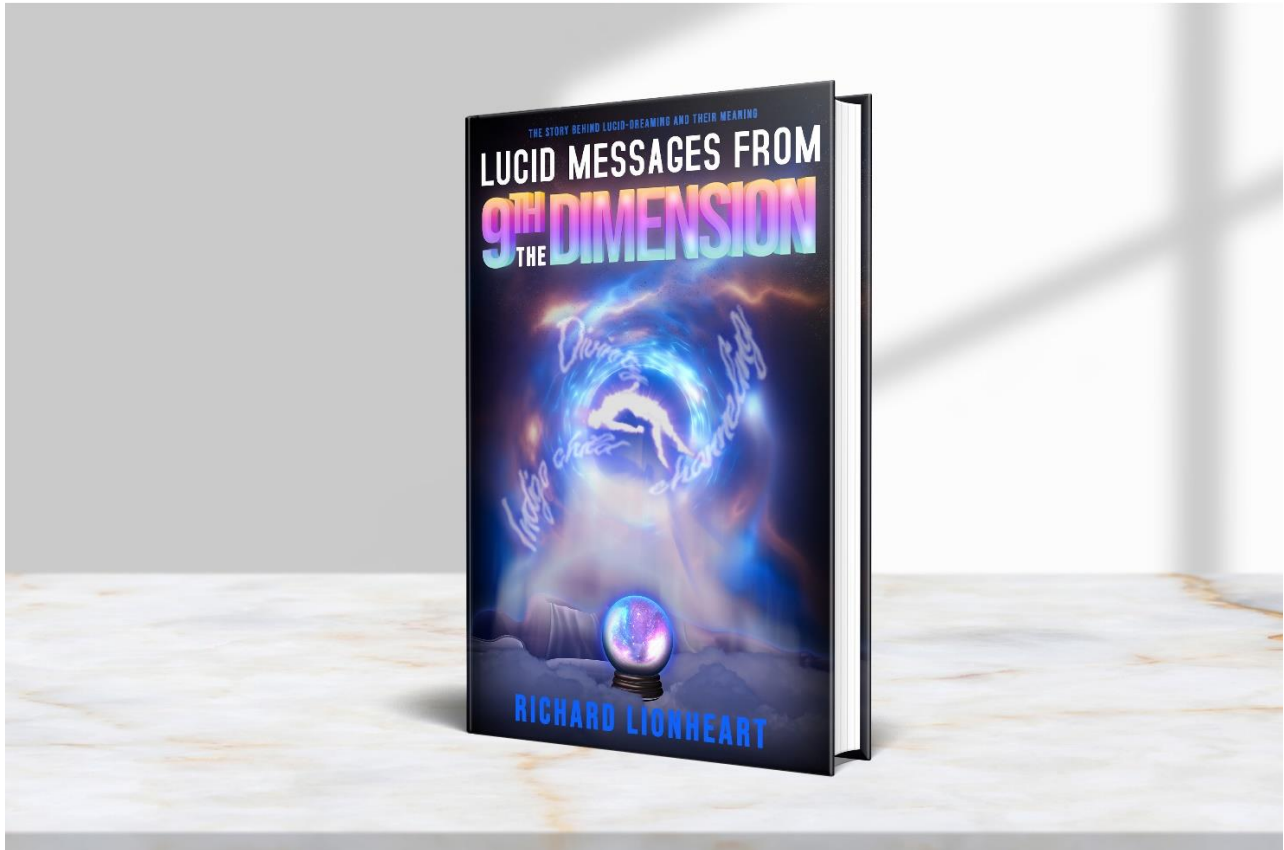
Visit us at: <https://Midnight-Train.co>

The First Book, "Enlightened Shadows", is now Live on the official website, and on [Amazon](#)



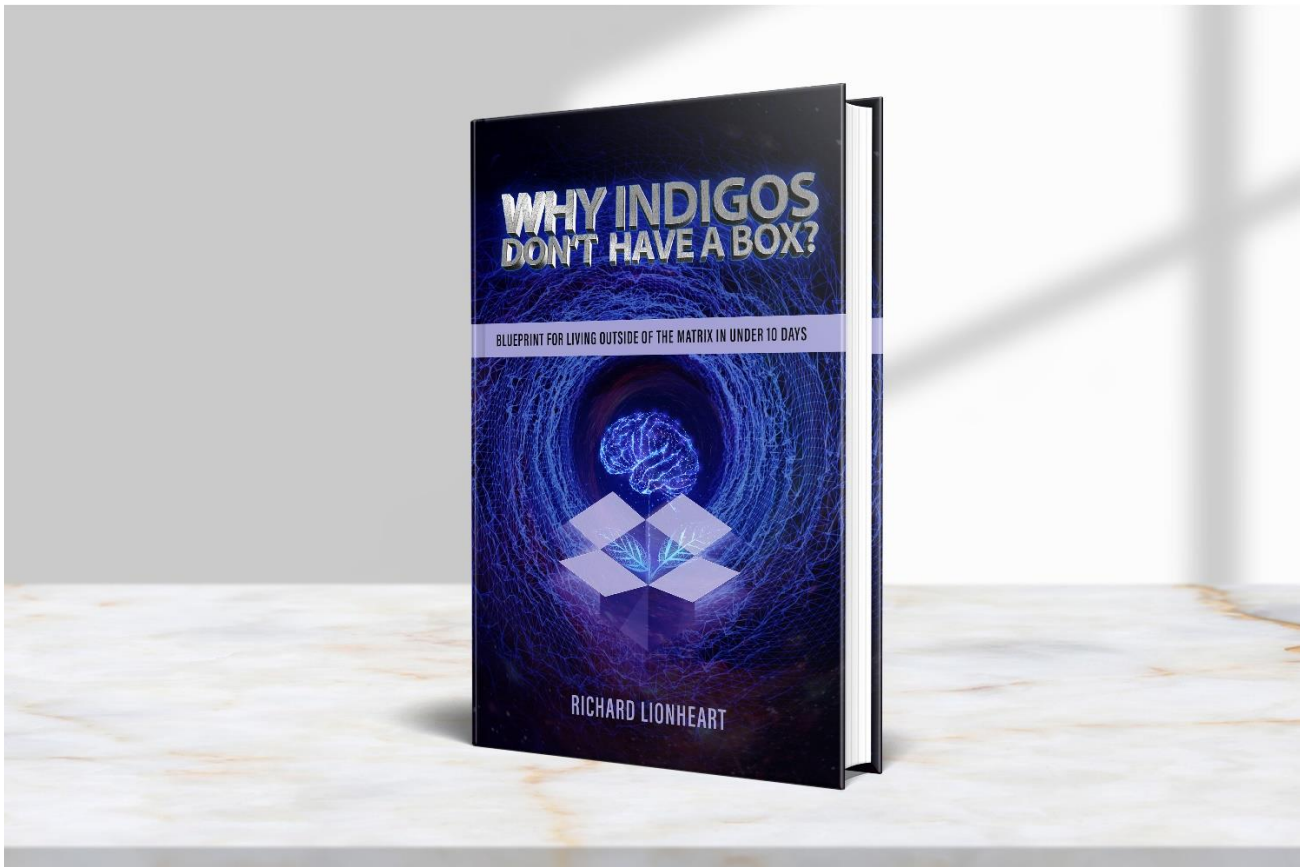
# More in the EpiConsciousness® Series

RL

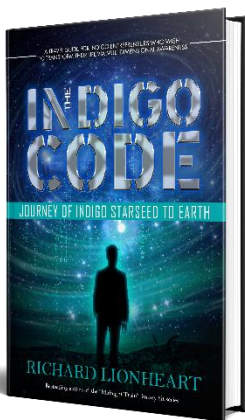


The Most Unique and comprehensive lucid dreaming diary in 2 parts due to the massive "downloading" streams of visions. Expected to be out in 2026. Check [Richardlionheart.net](http://Richardlionheart.net) for more updates about this book.

RICHARD LIONHEART  
THE MULTIDIMENSIONAL ENTREPRENEUR™



Find out the reasons for you, not getting along with “Boxes” and “templates”. Short and Practical book that you can get in \$7.0  
Or for free when you subscribe to our newsletter at <https://Richardlionheart.net>



And don't forget to share this book with other indigo souls out there, as the more you share  
With a pure heart, the more blessing will be manifested in your life. Amen!

Follow the Multidimensional Entrepreneur® Podcast – Also available on Spotify.

Want to book a session with me or a lecture? Contact me at:

[Richard@richardlionheart.net](mailto:Richard@richardlionheart.net)

# RED PILL WARRIOR®

## PREMIUM RADICAL FASHION DESIGN FOR MEN

<https://redpillwarrior.co>







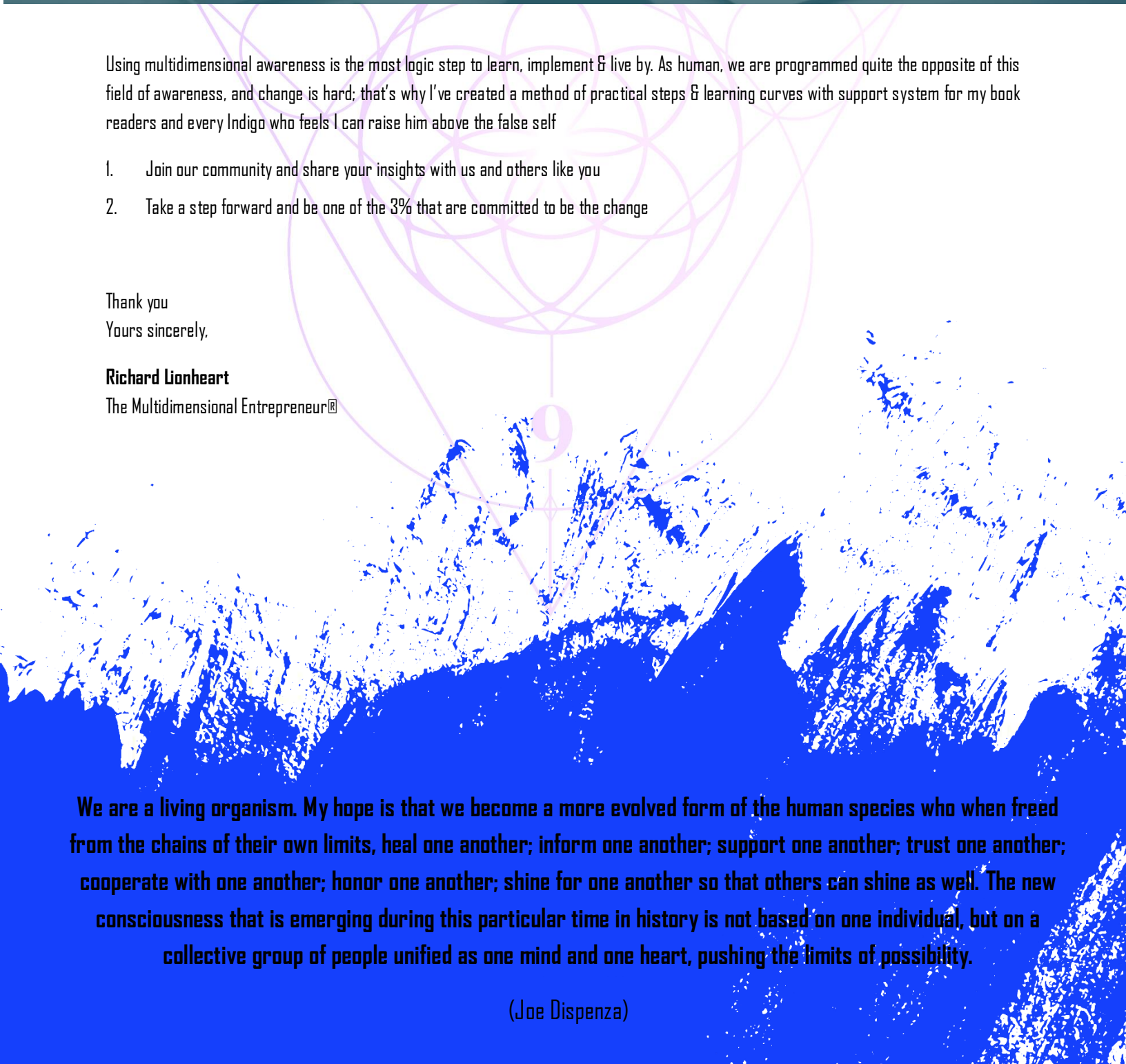
# WHAT'S YOUR NEXT STEP?

Using multidimensional awareness is the most logic step to learn, implement & live by. As human, we are programmed quite the opposite of this field of awareness, and change is hard; that's why I've created a method of practical steps & learning curves with support system for my book readers and every Indigo who feels I can raise him above the false self

1. Join our community and share your insights with us and others like you
2. Take a step forward and be one of the 3% that are committed to be the change

Thank you  
Yours sincerely,

**Richard Lionheart**  
The Multidimensional Entrepreneur®



**We are a living organism. My hope is that we become a more evolved form of the human species who when freed from the chains of their own limits, heal one another; inform one another; support one another; trust one another; cooperate with one another; honor one another; shine for one another so that others can shine as well. The new consciousness that is emerging during this particular time in history is not based on one individual, but on a collective group of people unified as one mind and one heart, pushing the limits of possibility.**

(Joe Dispenza)